

Kindergarten CAMP Choice Board for Weeks 1- 4

- Students, please return this signed sheet to your homeroom teacher **within 3 days** upon your return to school.
- **CAMP teachers will be available to answer questions via email or ClassDojo between the hours of 8:30 a.m. - 3:30 p.m Monday - Friday.**

PE	MUSIC	ART	AGRICULTURE	COMPUTER
<p style="font-size: small; margin: 0;">phillipblack@pickenscountyschools.org</p> <p>WEEK 1 (3/16-3/20) (Pick one activity or do all 3.)</p> <ol style="list-style-type: none"> 1. 30 Jumping Jacks (2 sets) 2. 15 pushups (3 sets of 5) 3. 30 body squats (2 sets) 4. Jog around the house 10x 5. Shoot basketball, throw any ball with a partner or by yourself for at least 20 min. 	<p style="font-size: small; margin: 0;">jennywehunt@pickenscountyschools.org</p> <p style="text-align: center;">WEEK 2</p> <ol style="list-style-type: none"> 1. Find 5 objects around your house that would make a good instrument and draw them. 2. Perform a song for your family on one of the objects! 	<p style="font-size: small; margin: 0;">jacquelinetipton@pickenscountyschools.org</p> <p style="text-align: center;">WEEK 1</p> <p style="text-align: center;">Textured Crayon Rubbing</p> <ol style="list-style-type: none"> 1. Watch the Texture Song by Scratch Garden on youtube. 2. Place paper over any hard, textured surface and use the side of a peeled crayon to “rub” on the paper. 	<p style="font-size: small; margin: 0;">soniachapman@pickenscountyschools.org</p> <p style="text-align: center;">WEEK 1</p> <p>Take a nature walk and look at the flowers blooming and count any bees you see gathering nectar. Remember how important the bees are to agriculture!</p> <p style="text-align: center;">OR</p> <p>Watch a video about bees.</p>	<p style="font-size: small; margin: 0;">delanejohnson@pickenscountyschools.org</p> <p style="text-align: center;">WEEK 1</p> <p>Type your first name using a computer keyboard or copy. Memorize where your fingers are on the keyboard and see if you can do it without looking.</p>
<p style="text-align: center;">WEEK 2 (3/23-3/27)</p> <ol style="list-style-type: none"> 1. 30 sit-ups (3 sets of 10) 2. 60-second Planks (2 sets) 3. 30 calf raises (2 sets) 4. Skip around the house 10x 5. Clean your room 	<p style="text-align: center;">WEEK 2</p> <p>Listen to a song on the radio and see if you can find the steady beat. Remember that the beat of the music is like your heartbeat - it is always the same. Keep the beat on objects around your house!</p>	<p style="text-align: center;">WEEK 2</p> <p style="text-align: center;">Abstract Line Drawing</p> <ol style="list-style-type: none"> 1. Watch the Lines Song by Scratch Garden on youtube. 2. Create your own line drawing using different types of lines and/or choose a drawing from www.artforkidshub.com 	<p style="text-align: center;">WEEK 2</p> <p>Plant flowers, vegetables or herbs. Seeds are provided at Hill City. They are located in front of the school. Watch them grow and take pictures of their growth.</p> <p style="text-align: center;">OR</p> <p>Draw a picture of a garden.</p>	<p style="text-align: center;">WEEK 2</p> <p>Type your last name using a computer keyboard or copy. Memorize where your fingers are on the keyboard and see if you can do it without looking.</p>
<p style="text-align: center;">WEEK 3 (3/30-4/3)</p> <ol style="list-style-type: none"> 1. Make your bed (every day) 2. Eat a healthy breakfast (every day) 3. Toe Touches (3 sets of 20) 4. Arm Circles (4 sets for 30 seconds) 5. Dance to 3 favorite songs 6. Ride your bike for at least 20 mins. (wear a helmet) <p style="font-size: x-small;">**Listen to music while exercising</p>	<p style="text-align: center;">WEEKS 3-6</p> <p style="text-align: center; color: blue; font-size: large;"><u>Music Tic-Tac-Toe</u></p> <p style="font-size: x-small;">(Click on the above hyperlink or see the attached lesson on page 2)</p>	<p style="text-align: center;">WEEK 3</p> <p style="text-align: center;">Flip the Script! - It's your turn to be the Art Teacher!</p> <ol style="list-style-type: none"> 1. Learn more details with Ms. Tipton here: Let's "Flip the Script" (Not available till Monday 3/30) 2. Teach an adult (at home or video chat with family or a friend) to paint using the techniques that you've learned in the art room. 	<p style="text-align: center;">WEEK 3</p> <p>Draw a picture of a farm and label your drawing.</p>	<p style="text-align: center;">WEEK 3</p> <p>Offline learning: Engineering (STEM): Use blocks or other items, such as index cards, to make a tower as tall as you! How high can you go? How can you make it more stable?</p> <p style="text-align: center;">OR</p> <p>Online learning: Build and test an invention with <i>The Cat in the Hat Builds That</i> app (free app)</p>
<p style="text-align: center;">WEEK 4 (4/13-4/17)</p> <ol style="list-style-type: none"> 1. Make your bed 2. Eat a healthy breakfast 3. Body Squats (3 sets of 20) 4. Calf Raises (3 sets of 20) 5. Bounce/Dribble a ball for 15 min.- use your fingertips 6. Go for a walk with an adult-30 min. 	<p style="font-size: x-small;">(Click on the above hyperlink or see the attached lesson on page 2)</p>	<p style="text-align: center;">WEEK 4</p> <p style="text-align: center;">Shadow Tracing</p> <ol style="list-style-type: none"> 1. View Shadow Drawing by ActiviTots & others in my “Shadow Tracing” playlist on youtube. 2. Materials: toys, paper, drawing utensils, lamp or sun (light source). 3. Trace the shadow outlines and add color using any art materials. 	<p style="text-align: center;">WEEK 4</p> <p>Bake cookies with a family member. Talk about where the ingredients came from (ex. Wheat-crust, pigs-pepperoni, cows-cheese)</p>	<p style="text-align: center;">WEEK 4</p> <p>Engineering (STEM): Create a boat out of foil that floats in the bathtub. Can it hold a toy without sinking? How many toys or Legos can it hold? OR</p> <p>Online learning: Build and test an invention with <i>The Cat in the Hat Builds That</i> app (free app)</p>

Student: _____ Homeroom: _____ Parent/Guardian Signature: _____ Date: _____

Music Tic-Tac-Toe

Each week, complete 2 activities! You can go across, up and down, or diagonal. Mark off the ones you complete. If you have questions, contact Ms. Wehunt!

<p>Write a song about what you are doing while at home.</p>	<p>Listen to a new song you have never heard before, and draw how it makes you feel.</p>	<p>Design and draw your own instrument. What instrument family or families would it belong to?</p>
<p>Use pots and pans to create a drum set! If you can't use them, find other objects around your house to play rhythms on!</p>	<p>If you have a computer, watch a Line Rider video on YouTube!</p>	<p>Dance to your favorite songs!</p>
<p>Sing your favorite song to your family! Tell them why it is your favorite song.</p>	<p>Watch a musical (a movie that has a lot of singing in it)!</p>	<p>If you have a computer, explore Chrome Music Lab and create your own song, rhythms, and more! https://musiclab.chromeexperiments.com/</p>